

# *12-on, 12-off is still 12-off*

## *Taking advantage of your free time*

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How are you spending your off-duty time?

You may be spending the entire time “in the rack” sleeping your off-duty hours away. That’s not too bad of an idea, which is common among the soldiers of RSO&I. But, there are more ways to spend time than you may think.

Spc. Joseph Knecht of Company A 102nd Military Intelligence Battalion from Camp Henry, goes over to the recreation center on Camp Walker. He also spends a lot of time at the Cyber Café during his off-duty time. He likes the Camp Walker Rec. Center because he can go upstairs to choose a movie and come back downstairs to watch it. And he often goes to the MWR tent to purchase snacks. “All the facilities are really good, more than I expected before the exercise,” he said.

Another soldier spends his free time doing different things. “When getting off of my shift, I feel very tired. But I go to the gym to work out or go to the library. I also like to take a walk around the camp,” said Pfc. Han, Sung-hwan of Headquarters and Headquarters Company, Eighth U.S. Army.

And there is one RSO&I warrior who gets out of the camp in his off-time. First Sgt. Jeffery Morning of HHC EUSA tours Taegu city. “Some of my KATUSA friends take me to downtown Taegu,” he said.

Whether you are into building muscle, exercising your brain or just relaxing during your off-duty time, there is definitely more to do than just lay in your bunk.

“There is no special way to spend off-duty time,” said Spc. Earl Carter of EUSA’s G3. “I just prepare for the next day during that time.”

Remember, there are always boots to shine and clothes to clean.

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