



What's up

Maintaining the standard

Soldiers in uniform are prohibited from wearing black backpacks over the shoulder while they are deployed for RSO&I. The government issued "ruck sack" may be worn at all times during the exercise.

Troop Command leaders have instructed soldiers to follow this uniform policy.

Deployment Reminders

Leaders emphasize that deployed soldiers conduct themselves in ways that are considerate to one another.

While in the billets cell phone ringers should be shut off, and light discipline should be maintained, meaning that only the red flashlight lens should be used while others are sleeping, and priority always goes to the individual who is sleeping.

For the benefit of all, individual equipment should be locked up when unattended.

No golf course short cuts

Personnel are prohibited from taking short-cuts across the Camp Walker golf course.

Leaders are prepared to identify violators of this policy.

No alcohol during exercise

No alcohol is to be consumed by exercise personnel in accordance with U.S. Forces Korea Regulation 27-5. Consumption of alcohol during exercise play is punitive, and individuals who violate this regulation may be subject to discipline and punishment under the Uniform Code of Military Justice.

RSO&I or not . . .

Camp Walker golfers continue mission

By Spc. Keisha Lunsford

After entering the main gate of Camp Walker, military personnel see a vast area of nicely trimmed greens and trees that outline the ending route to Command Post Oscar areas. It seems, when walking back and forth to the CP and the dining facility, these greens make up most of the camp.

Camp Walker is home to the first and oldest golf course in Korea. It has been here since 1963, but this exercise doesn't hurt its operations too much.

Camp Walker's Evergreen Golf and Community Club is a Morale, Welfare and Recreation facility, which gives a lot of money back to the military



William Clowe, GS-12, hits the ball into the hole behind the Command Post Oscar compound on Camp Walker's Evergreen Golf and Community Club.

and Korean communities.

"Golf pays for a lot of the MWR projects," said James Carey, manager of the Evergreen Golf and Commu-

nity Club.

He said the 18-hole golf club is ranked as the third

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RSO&I chaplains face duel mission

By: Spc. Amy Bombassaro
100th Mobile Public Affairs Office
Texas Army National Guard

Unit ministry teams are providing religious support to help ease the stress of Reception, Staging, Onward-movement and Integration 2001 as they fulfill their own training mission.

This is a first-time overseas exercise for some soldiers participating in RSO&I 2001. Even for a seasoned soldier, dealing with the stress of a two-week long mission in a different country coupled with being away from family and friends can feel overwhelming.

"We attempt to ground people in their own faith traditions by providing religious support opportunities for worship," said Lt. Col. Wilfred Brewster, 8th Army deputy command chaplain for plans and operations.

"When people are grounded in their faith,

they're much stronger and able to withstand the rigors of any situation," he said.

Unit ministry teams provide several forms of spiritual guidance and welfare. By visiting working cells and MWR tents during the exercise, they are also able to assess the morale and welfare of soldiers. Ministry teams can help soldiers get through personal crisis when circumstances and difficult situations arise.

Col. Melvin R. Schroeder, senior chaplain for RSO&I, said they also do simple things for soldiers such as showing them where the post exchange or commissary stores are located.

"One thing we can do is be very practical about some of the suggestions to make their time away from home more comfortable. They appreciate those little things," he added.

One frequent suggestion is to use phone cards purchased at the post exchange instead

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The spirit of "Hwarang"

It's April, and 13,000 warriors have amassed to show their combat readiness in this year's Reception, Staging, Onward Movement & Integration.

RSO&I is a routine, regularly scheduled mid spring exercise involving forces from both the Republic of Korea and the United States. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operation of R.O.K and U.S. Forces.

RSO&I demonstrates ROK-US interoperability and Combined Forces Command's capability, as well as the commitment to defend Korea.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo", to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become a Hwarang. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang members visited beautiful places within the Kingdom, engaging in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang that this newsletter was created to honor the servicemembers and events of this year's RSO&I that demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://www.korea.army.mil/pao/hwarang/hwarang.htm>.

If any of our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3611 / 764-3610 or e-mailing us at rozeanj@usfk.korea.army.mil.

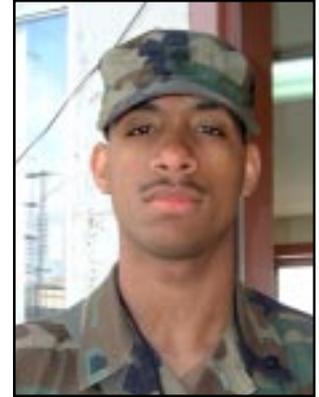
Voices of RSO&I

How do you spend your time off duty?



Staff Sgt. Cleon Skeete, IMO CP OSCAR

Sleep. I go bowling and relax and just get away from here at CP OSCAR.



Spc. Trevon Drake, gate security guard

All I do is go to the gym and workout, play basketball and read. I love reading Stephen King novels.

The Staff of the 'Voices of the Hwarang' (RSO&I 2001)

- Lt. Gen. Daniel R. Zanini EUSA commanding general
- Lt. Col. Thomas E. Nickerson EUSA Public Affairs Officer
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- Master Sgt. Thom Cuddy NCOIC
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- Sgt. Choi, Joon-Yung dayshift editor, layout and design
- Cpl. Kim, Chan-Hee staff writer
- Spc. Keisha Lunsford staff writer
- Pfc. Park, Joon-Yung staff writer

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All editorial content of the Voice of the Hwarang should be directed to the Publication Editor or the NCOIC. The staff can be contacted at:

Tel. 764-3610 / 764-3611

Fax: 764-3135

E-mail: rozeanj@usfk.korea.army.mil



Chaplains

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of making an operator assisted call. Calling or pre-paid phone cards from the United States typically have higher rates for overseas calls. Cards available at the PX can have a rate as low as 9 cents a minute.

Brewster added that he likes to share with soldiers the advantages of using e-mail and Internet phone services located in the Cyber Cafe at the Community Center.

Besides providing religious support, the unit ministry teams are also revalidating their own Mission Essential Task List. Schroeder said the ties he has with the 70 people from the Indianapolis based 8th Army augmentation unit make it easier to be available for real-life ministry while working on their METL.

Golf

Continued from page 1

Army golf course in the world in total contributions to MWR programs. Last year, \$700,000 was contributed to MWR projects by Evergreen's golf club.

During this year's Reception, Staging, Onward-movement and Integration exercise and the other field exercises, Carey said the biggest problem is usually the same.

"We have no problems other than the parking," he said. Sometimes the golf patrons can't get a close parking spot, and with all of the equipment, they can't get through to the golf club.

The golf course has a driving range and practice putting greens for active duty, post civilians and family members as well as local Koreans. Golfers have the flexible option of heading to the greens daily from 6 a.m. to 10 p.m on the 27 out of 190 acres of Camp Walker.

"I like golfing," said Yong, Caranchi, spouse of a civilian worker on Camp Walker, who has been golfing for about 4 and a half years. She said there are no problems for her when an exercise takes place.

Carey cautions military personnel enroute to CP Oscar or the dining facility of taking shortcuts across the golf course. He said golf balls are very dangerous because when a person hits it, the golf ball is traveling at a high speed of at least 200 miles per hour.

He added that he'd witnessed one golfer hit a ball while a soldier was walking. The ball stuck the soldier in the head, which lifted him up in the air a little bit.

Also, Carey said exercise personnel shouldn't walk across the fairways of the golf course because it is a violation of the "no pedestrian" rule, which states that golfers only are allowed on the fairways.

For those interested in putting some golf balls after duty, the golf lessons cost \$10 per lesson for 30 minutes at Evergreen's Pro Shop at 764-4061.

Voices of RSO&I

How do you survive the 12-hour shifts for CP OSCAR?



Air Force Tech. Sgt. Garth Getgen, 607th Weather Squadron,

It isn't a whole lot different, except there are no days off. I just adapt and know the breaks are at the end.



Spc. Raymond LeDAY, VTC control room,

Dedication to duty. I like my job and I go to bed early, so I make sure to get enough sleep. And lots of coffee during the day helps.

MWR Tents

Free movies are shown at the three MWR tents at Camp Walker where snacks can also be purchased. Three tents are available on Camp Walker.

All MWR tents are open 24 hours and are located near the Butler Buildings and tent city. A MWR tent is also available on Camp Henry near the Life Support Area.

Calling Home

Using access numbers provided by major U.S. long distance companies could save you money when calling home, depending on your particular service provider. Just call the number and follow instructions.

AT&T.....550-4663
MCI 550.....550-2255
SPRINT.....550-3663



Pre-paid phone cards, which can be used on both DSN and civilian lines, are also available at several locations on post which average about ten cents a minute.



What's up

Keeping MOPP in mind

Know your Mission Oriented Protective Posture levels.

MOPP 0 - Protective clothing and equipment is readily available.

MOPP 1 - The overgarment and helmet cover are worn.

MOPP 2 - Overboots are added.

MOPP 3 - Protective mask and hood are added.

MOPP 4 - Gloves are added.

Also, it is a good idea to check your mask for a good fit as well as for a proper seal.

Off Post

Personnel traveling off-post in Area IV during leisure hours need to use the "Buddy System," and they need to have their Status of Forces Agreement card as well as an emergency telephone number card with them at all times.

Security

Classified document security is the responsibility of each section. Sections should destroy classified material as it becomes obsolete. Also, individuals should avoid discussing exercise issues outside the controlled areas.

Locations of CPs, your role in the exercise, or the duration and scope of the exercise, or the duration and scope of the exercise are not to be discussed over open telephone lines.

Inspiration from the Chaplain

'Now' is a gift. That's why it is called the 'present'. To be fully enjoyed, it must be unwrapped from the mistakes and guild of the past and the worries of the future.

Lt. Col. Wilfred Brewster Jr.
Command Chaplain Office

Curbing the nocturnal 'munchees' Keeping night shift stomachs full

By Pfc. Park, Joon-Yung

Even if night-shift workers can get sleep during the daytime, it is easier said than done to work through the night.

Feeling hungry is a one of the hardships of night duty. But that has not been a problem here at this year's Reception, Staging, Onward-movement and Integration exercise.

Camp Walker RSO&I participants get their night meals through the dining facility of Headquarters and Headquarters Company, 19th Theater Support Command. They provide three kinds of night meals to solve the prob-

lem of growling stomachs during the 'O-dark-thirty' hours.

Jimmy Dean, Meals Ready-to-Eat and Ramen are distributed to night-shift participants as a night meal. Jimmy Dean and MREs are rotated daily. Ramen is prepared every day. In addition, some kinds of fruits are provided from time to time.

"The most popular night meal is probably Jimmy Dean. But for the KATUSA soldiers, Ramen is their most favorite," said Sgt. Clyde Davis JR of 168th Medical Battalion.

Approximately 300 to 400 meals are issued every night. In order to pick them up, you should go to the orderly room at the DFAC and indicate how many meals you need. After signing in there, you go back to the kitchen and get your night meals.

Night-shift soldiers can pick up their night meals from 0200 to 0400, besides the operation hours of DFAC.

Some may feel that night meals don't have the same quality as a regular 'hot chow hall meal.' Nevertheless, reactions from soldiers about them are positive. "I think night meals are great, especially Jimmy Deans," said Staff Sgt. Michael Riddick of Eighth U.S. Army's G-4.

"Of course, the MRE is not bad. But I don't like the smell of it."

But it's the taste that counts. . . Right?



Pfc. Park, Joon-Yung

Sgt. Justin Hill, HHC 2-2 Avn, Cp. Stanley, hands out Jimmy Dean meals during RSO&I at the Camp Walker DFAC

Weather report for Taegu, South Korea

Today

Mostly Cloudy
Hi: 80°F Lo: 52°F



25 April - Mostly Cloudy
26 April - Partly Cloudy

Weather