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The spirit of "Hwarang"

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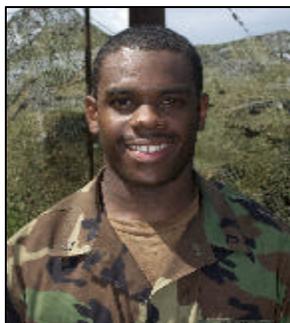
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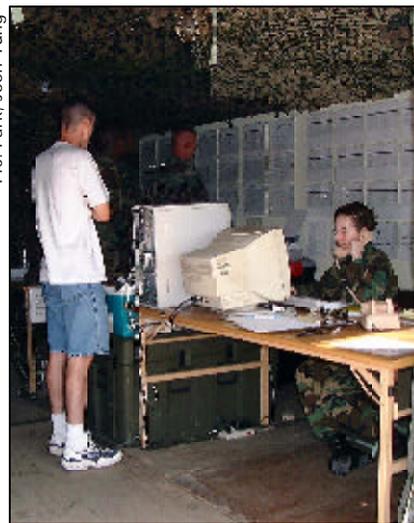
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Moulin Rouge
7:00 p.m. tonight

MWR tents show various movies for free 24 hours a day.

Medical Clinic ready to serve

Taking care of your health during UFL

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"The number of patients has jumped," said Spc. Lavares Shipman, a medic with the 168th Medical Battalion. "Dehydration has been the largest problem. In the past couple of weeks, we have had about two cases a day that required an IV to re-hydrate. We have also had some minor injuries, but nothing serious."

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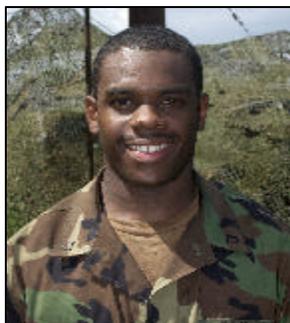
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- Sgt. 1st Class Eric S. Hortin.....nightshift CI Chief
- Sgt. John R. Rozean..... Hwarang editor, webmaster
- Sgt. Kim, Tae Wan.....dayshift editor, layout and design
- Cpl. Kim, Chan-Hee.....staff writer
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Contributors:

Spc. David J. Claffey



Settling into UFL '01

continued from page 1

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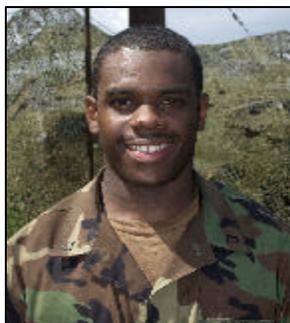
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Moulin Rouge
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MWR tents show various movies for free 24 hours a day.

Medical Clinic ready to serve

Taking care of your health during UFL

By Spc. David Claffey
65th Press Camp Headquarters

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"The number of patients has jumped," said Spc. Lavares Shipman, a medic with the 168th Medical Battalion. "Dehydration has been the largest problem. In the past couple of weeks, we have had about two cases a day that required an IV to re-hydrate. We have also had some minor injuries, but nothing serious."

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"The Clinic has a wide variety of services for the soldiers of Command Post Oscar," said Shipman.

The TMC medical personnel point out that everyone can avoid frequent clinic visits as long as they observe safety precautions and drink plenty of water.

Weather report for Daegu, South Korea

Weather

TODAY

Partly Cloudy

Tuesday
chance of rain

Wednesday
chance of rain





What's up

Uniform Policy

Soldiers in uniform are prohibited from wearing black backpacks over the shoulder while they are deployed for UFL. The Army-issued "ruck sack" may be worn at all times during the exercise.

When in the Life Support Area, soldiers must carry their protective masks at all times, even if you are in civilian clothes.

Alcohol

No alcohol is to be consumed by exercise personnel in accordance with U.S. Forces Korea Regulation 27-5. Individuals who violate this regulation may be subject to disciplinary actions and punishments under the Uniform Code of Military Justice.

Off -post

Personnel traveling off-post during leisure hours need to use the "Buddy System," have their Status of Forces Agreement card, and an emergency telephone number card with them at all times.

Everyone must sign out either at the admin tent for the Butler LSA or the MWR connex for the H805(tent city) LSA, and sign back in upon return.

When going off-post with a vehicle for official business, the vehicle commander must submit two Vehicle Departure Reports to Troop Command S-4 at Command Post Oscar room 135 and two Vehicle Closure Reports.

Forces gather up for UFL 2001 Ready for the combined ROK-US exercise

By Cpl. Kim, Chan-Hee

After a long five-hour bus ride, hundreds of soldiers and augmentees of U.S. Army Troop Command-Korea arrived at Camp Walker, Daegu where they were greeted with, "Welcome to Ulchi Focus Lens 2001" by Staff Sgt. Joe Ulloth, Operation Sergeant of the Life Support Area, Daegu.

Loading for the trip to Daegu began in the early morning hours of Aug. 17 at Yongsan Main Post, Seoul. Immediately upon arrival, everyone was briefed by the LSA staff and assigned billets. All of the in-processing paperwork was done within 10 minutes of arrival before the participants got off of the buses.



Eighth Army soldiers identify their individual duffel bags in the Camp Walker Life Support Area.

"We've received many compliments on our in-processing procedure from various officers and NCOs. Everyone was glad that there was no haste," said 1st Sgt Noriel Deleon of Headquarters and Headquarters Company, Eighth U.S. Army.

Many may take this swift and smooth deploy-

ment for granted, but behind the scenes there are hard working men and women who made this possible. Most of the credit goes to the advance party, which was made up of soldiers from the HHC and the S-4 of USATC-K. They were the first to arrive and will **continued on page 3**

LSA provides support for soldiers

By Pfc. Park, Joon Yung

When first arriving at Camp Walker to participate in the Ulchi Focus Lens 2001, many received help from soldiers with black armbands marked LSA. They unloaded your baggage from the trucks and helped in-process soldiers. But, who are these helpful soldiers?

They are soldiers who work at the Life Support Area during UFL 2001. Their main job is to take care of soldiers and make sure they can be effective during the exercise. They provide the basic things soldiers need to "survive" here during the exercise.

"In the LSA, we try to make sure

soldiers' living conditions are good," said Maj. Peter J. Lane, the Headquarter and Headquarters Company, Eighth U.S. Army commander.

It took three days to set up the LSA. The LSA soldiers arrived here Aug. 2, about two weeks before the start of the exercise.

"We had to deal with the heat over 90 degrees during setting up the LSA" said Staff Sgt. Michelle Johnson, HHC EUSA Training NCO.

The Butler buildings and the tent city billets have mayors for the duration of the exercise. Their job is to

continued on page 3



The spirit of "Hwarang"

It's August, and warriors have amassed to show their combat readiness in this year's Ulchi Focus Lens exercise.

UFL is a routine, regularly scheduled summer exercise involving forces from both the Republic of Korea and the United States. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operation of R.O.K and U.S. Forces.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo", to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become a Hwarang. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang engaged in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang that this newsletter was created to honor the servicemembers and events of this year's UFL exercise that demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://www.korea.army.mil/pao/hwarang/hwarang3.htm>

If any of our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3043 or e-mailing us at rozeanj@usfk.korea.army.mil.

Voices of UFL

What is the one thing that you forgot that you wish you had now?



1SG Bruce Carter
311th TSC

I forgot to bring my hair products including my brush. That makes me a little bit uncomfortable.



SPC Peter Gramazio
EUSA G-2

Our packing list was pretty efficient. However, I feel that by the end of the exercise many people will feel they forgot to bring sanity.

The staff of the "Voice of Hwarang" (UFL 2001)

- Lt. Gen. Daniel R. Zanini.....Eighth U.S. Army Commanding General
- Col. Joseph Phillips.....Eighth U.S. Army Public Affairs Officer
- Lt. Col. Benjamin B. Santos.....Dep. Eighth U.S. Army Public Affairs Officer
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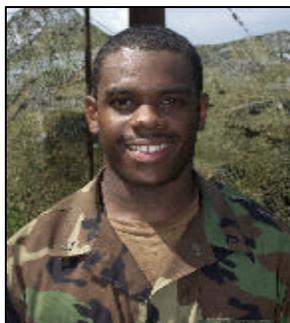
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