



What's up

Know your NBC levels

Don't be caught short during the Nuclear Biological Chemical training. Know your Mission Oriented Protective Posture levels.

MOPPO - mask carried

MOPP1 - overgarment, Chemical Protective Undergarment

MOPP2 - overgarment, CPU, vinyl over boots

MOPP3 - mask, overgarment, CPU, vinyl over boots

MOPP4 - mask, overgarment, CPU, vinyl overboots, gloves.

Redeployment meals

Field meal cards must be turned in before boarding the bus headed back to Yongsan.

For soldiers departing Camp Walker, MREs will be available in the Admin tent area on the day of departure. Soldiers on separate rations will pay for their MRE.

NTV redeployment

Sections redeploying soldiers by Nontactical Vehicles must provide a manifest to the U.S. Army Troop Command-Korea Administration tent, where a commander's safety packet can be picked up.

A Safety Risk Assessment Form must be submitted as well, and all vehicles must be topped off with fuel prior to departure. A closure report must also be submitted no later than 24 hours after arrival at Yongsan.

Meals Ready to Eat can be picked up at the Supply Tent.

For more information contact USATC-K Operations at 764-3058.

Getting some culture

UFL soldiers experience a bit of Korea

By Cpl. Kim, Chan-Hee and Spc. Christopher Willis, 65th Press Camp Headquarters

Last weekend, troops participating in Ulchi Focus Lens had the opportunity to go on a daylong tour of Korea's Kyung-Ju City. Approximately thirty soldiers went on the tour each day.

The tour consisted of five stops, visiting 6

cultural areas; Bul-kuk-Sa temple, Sok-kur-am Grotto Shrine, Kyung-Ju National Museum, Tumuli Park, O-Nung Tombs and Bomun Lake Resort.

Each Stop offered insight into Korean culture; mounded grassy

tombs, crown jewels and marvelous art at the museum, breathtaking views atop mountains, a spiritual Buddha at the Grotto Shrine, and plenty of bargaining with vendors at the folks art village.

Many of the tour participants were enthusiastic.

"I like the Buddha statue on top of the mountain, in the cave, the Sok-kur-am. I like it because it is symbolic and it is amazing that someone can go up there and carve it out of the stone and I just thought that was pretty amazing," said Pvt. Steven Brown, Headquarters and



Cpl. Kim, Chan-Hee

(From left to right) Staff Sgt. Marilyn Gonzales, Spc. Jinny Rosado and Pvt. Vanessa Williams, have a hardtime deciding what to buy.

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On the night shift

By Pfc. Kim, Nam-Kwan

In the Ulchi Focus Lens exercise every section works 24 hours a day. Day shift soldiers fight against time and high temperatures, but night shift personnel face different challenges. They have to fight against sleepiness, hunger, and darkness of the night.

The night at Command Post Oscar is quiet and peaceful. You can hear the chirps of crickets outside of Eighth Army Operation Center building. And at the break area you can see the serene lights from the Woo Bang Tower, the trademark of

Daegu City. But that's not everything that's unusual about night shift.

"I don't like the MOPP situation at night, I can't see my equipment as clearly outside. That makes me a little bit nervous. But I know it's good training for soldiers," said Cpl. Hong, Yung Duk, Republic Of Korea Armed Force Medical Command.

And the amber night lights of CP Oscar doesn't burn as brightly as night-shift personnel would wish. "It's very difficult walking outside at night. But fortunately there are some chemi-

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The spirit of "Hwarang"

It's August, and warriors have amassed to show their combat readiness in this year's Ulchi Focus Lens exercise.

UFL is a routine, regularly scheduled summer exercise involving forces from both the Republic of Korea and the United States. It is designed to evaluate and improve combined and joint coordination, procedures, plans and systems necessary for the conduct of contingency operation of R.O.K and U.S. Forces.

Fifteen centuries ago, when this part of Korea was known as the Kingdom of Shilla, a group of Shilla warriors called the "Hwarang" demonstrated their battle skills and their nobility in this same area. The Hwarang was a youth organization led by a single "Kook sun," the spiritual leader. Under this leader, the Hwarangs led thousands of "Nangdo", to become a Hwarang. These young, aspiring warriors trained in martial arts and in academics, aspiring to become a Hwarang. A knightly code of conduct resulted from Hwarang-do training, and the Hwarang engaged in both military and spiritual exercises to cleanse and train their minds and bodies.

It is in the spirit of Hwarang that this newsletter was created to honor the servicemembers and events of this year's UFL exercise that demonstrate the spirit of Hwarang.

This newsletter is also available on-line at <http://www.korea.army.mil/pao/hwarang/hwarang3.htm>.

If any of our readers know of any sections or individuals who possess this spirit of courage, intelligence and nobility, let us know by calling 764-3043 or e-mailing us at rozeanj@usfk.korea.army.mil.

Voices of UFL

What do you think the dayshift is doing all day?



LTC Bobbie Sanders
EUSA AAC

2nd shift personnel have less distractions and generally must work cohesively to accomplish their mission. 1st shift personnel generally are more restricted due to the high number of distractions.



PFC Kim, Wook Hyun
EUSA Engineers

I think that day shift soldiers have more things to do when compared to night shift soldiers. So probably they are much busier.

The staff of the "Voice of Hwarang" (UFL 2001)

- Lt. Gen. Daniel R. Zanini.....Eighth U.S. Army Commanding General
- Col. Joseph Phillips.....Eighth U.S. Army Public Affairs Officer
- Master Sgt. Wendell M. Graham.....Dayshift CI Chief
- Sgt. 1st Class Eric S. Hortin.....CI Chief
- Sgt. John R. Rozean..... Hwarang Editor, Webmaster
- Sgt. Kim, Tae Wan.....Dayshift Editor, Layout and Design
- Cpl. Kim, Chan-Hee.....Staff Writer
- Pfc. Park, Joon Yung.....Staff Writer
- Pfc. Kim, Nam-Kwan.....Staff Writer

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- Spc. David J. Claffey, 65th Press Camp



G-4 troops sharpen skills, broaden horizons

1st Lt. Janel Bailey, EUSA PAO

Sgt. Terri Lee, Administrative Specialist with Eighth Army's G-4, is really a 91B, which is a Combat Medic.

Ulchi Focus Lens 2001 is an excellent learning experience for many soldiers to expand their skills and potential.

Being assigned to the G-4, Lee has enhanced her computer skills in

Excel and has a better appreciation for the G-4 tracking system.

This UFL exercise has given Lt. Col. William Lewis, Eighth U.S. Army Shift Captain of G-4 Materiel Section, the opportunity to see the big picture by being in a Headquarters Unit. He has been enjoying his stay here at Camp Walker, and his role in UFL.

However, the one thing Lewis states that would help the mission is personnel getting the correct documents to G-4 in a timely manner so they can access the overall readiness of the unit.

Night shift duty is unique duty

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cal lights on the stairs. Those things are really useful when you are walking outside," said Pfc. Park, Soon Ho, EUSA G-4.

Although night shift people get their own night meal (Meal Ready to Eat or Jimmy Dean), hunger is one of the enemies of the night warriors. "We got our night meal every night, but it's true that when I come back to my bed, I feel a little bit hungry," said Park.

Boredom and sleepi-

ness is one of the downsides of night shift work too. Security guards at the gate of CP Oscar often wait for the daybreak rush, chatting with their partners or drinking a cup of coffee just to stay awake.

"Compared with day shift, it is little more quiet. So sometimes it seems to take a little longer to get through," said Sgt. Douglas Hamel from EUSA Band, night shift security guard at CP Oscar. "But it doesn't bother me. I just reflect on different things which makes the time go by," he added.

Voices of UFL

What do you think that the night shift is doing all night



CPL Han, Sung Hwan
EAEN

It seems that the night shift soldier's only hardship is the schedule change from working at night instead of day.



SGM Neville Porter
EUSA G3

The day and night shift support each other in order to have a continuous flow of information during the operation.

Cultural tour

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Headquarters Company, Eighth U.S. Army motor pool.

Through seeing the beautiful scenery, admiring the exquisite art and interacting with the Korean people, soldiers got a chance to sample a taste of this wonderful country.

Unfortunately, this taste was only a mere morsel to wet their taste buds.

"I wished we had more information on history and background. May be

somebody could walk around with us and explain to us about the places. A lot of time it's better when you hear it from somebody else than just reading about it," suggested 2nd Lt. Oben M. Jones of Yokota Airbase.

These warriors of UFL 2001 spent their well-earned weekend experiencing the history and culture of Korea. Aside from their military experience of Korea, the cultural experiences they've learn here provide a new insight into the wonderful country that we serve in.



What's up

Learn Basic Korean Words and Phrases

1. I'm thirsty.....[mong mahl la yo]
2. It is too hot
.....[nuh moo duh wo yo]
3. It is too cold
.....[nuh moo choo wo yo]
4. I'm sick / I'm in pain.....[ah pa yo]
5. Be careful.....[joh shim hae yo]
6. I'm so happy
.....[nuh moo haeng bok hae yo]
7. Marine.....[hae byung]
8. Army.....[yook goon]
9. Navy.....[hae goon]
10. Air Force.....[gong goon]

Security

Sections need to ensure that all classified material is dealt with properly before departing CP Oscar. All classified material must be shredded or burned. Removable hard-drives and diskettes must be marked and secured in an approved classified container.

Laundry Service

Soldiers deployed to UFL are eligible for free laundry service. For service inquire at the Eighth Army Supply Tent.

Movies

Camp Henry

Evolution
7:00 p.m. Friday

For more information contact the Camp Henry theater at 768-7732. MWR tents show various movies for free 24 hours a day.

The peaks of history

By Spc. David J. Claffey
65th Press Camp Headquarters

Through the haze, the Palgong Mountains can be seen towering above Daegu. Surrounding the city's basin, their profile gives the fading horizon a secluded and undulating look. Rich in culture and heritage, they not only guard the modern city below, but also its ancient Buddhist roots.

Containing uniquely shaped rocks, thick forests and the clean waters of several mountain streams, Palgong was a haven for early Buddhism. Spread throughout the mountain are dozens of Buddhist temples, statues and amja, influencing every peak in the valley. The tallest of these peaks, Birobong, rises 3910 feet above sea level, giving hikers a great view of the city nestled below.

For thousands of years, this area has been called home by Koreans. Along with Buddhist relics, it has served as a training center for young soldiers, the Hwarang, during the Shilla Dynasty, and was the home and workplace of Ilyeon, a famous Korean historian.

In 1980, the area was designated as a Provincial Park, protecting the area and the three districts in which it resides, Donghwasa, Pagyesa and Gatbawi, were named sight-seeing districts. Since that time, a large amount of tourist develop-

ment has sprung up in the region.

Palgong is now equipped with lift cars, golf courses, hotels and campgrounds. The spiritual mountain draws local tourists and global visitors to its pleasant mix of old and new. Highways that encircle the peaks are popular for their scenic views and convenience in traversing the area.

Now protected by the people that have used its size for their own defense, the Palgong Mountains are a glimpse into a nation's past, and a place where you can look out toward the nation's future.



The dense forests that cover the Palgong Mountains helped foster its strong Buddhism roots.

Spc. David J. Claffey

Weather report for Daegu, South Korea

Weather

TODAY

partly cloudy

Thursday

partly cloudy

Friday

partly cloudy

